

CHECKLIST FOR IUCD INSERTIONS

1. REVIEW REASON FOR WANTING IUCD. ENSURE ALL OPTIONS ARE OFFERED.	
2. CHECK CURRENT RISK OF PREGNANCY <ul style="list-style-type: none"> • Can be inserted by day 19 of the cycle if the woman has a regular 28 day cycle • 4-6 weeks post-partum • After reliable use of effective contraception • Do a pregnancy test if any doubt. 	
3. CHECK HISTORY FOR ABSOLUTE OR RELATIVE CONTRAINDICATIONS <ul style="list-style-type: none"> - Current infection (under 24yr olds may require swabs prior to insertion. Post-natal patients should have had swabs during their pregnancy) - Uterine anomaly including distorting fibroids/Bi-cornuate uterus - Coagulation disorders or anti-coagulant therapy - Synthetic Heart valves or previous endocarditis– cover procedure with a dose of antibiotics 2 hours beforehand - Recurrent PID - Menorrhagia or undiagnosed abnormal uterine bleeding 	
4. OUTLINE RISKS <ul style="list-style-type: none"> - Infection 1:100, perforation 1:1000 (higher in postpartum women), expulsion 5:100 (higher in postpartum women), lost strings and failure 	
5. OBTAIN CONSENT	
6. ADVISE CHECKING STRINGS AFTER INSERTION AND AFTER PERIOD EACH MONTH	
7. ADVISE RE 5 OR 10 YEAR LIFESPAN AND COMPLETE INFORMATION ON BACK OF PATIENT BOOKLET	
8. COMPLETE DOCUMENTATION NOTIFYING INSERTION DONE	