

Checklist for Jadelle insertions

Review reason for wanting implant. Ensure all options are offered.	
Check current risk of pregnancy – should be inserted by day 5 of period or within 4 weeks post-partum, or after reliable use of effective contraception, Do a pregnancy test if any doubt.	
Advise 7 days precautions unless fitted within first 5 days of the cycle.	
Check history for contraindications and record weight if not already done	
Review pros and cons emphasizing bleeding irregularities and their management, possible hormonal side effects, scars and possible difficulty with removal	
Assess for Enzyme inducing drugs that may affect the reliability - eg. some anti epileptics (phenytoin, carbamazepine, topiramate, oxcarbazepine) or oral antifungals (rifampicin, rifabutin)	
Obtain consent	
Advise insertion non-dominant arm	
Advise to observe wound for redness, undue soreness, wound not healing - to see GP	
Advise re 5 year lifespan and complete information on back of patient booklet	
Complete documentation notifying insertion done	