

Patient information Post implant insertion

Date of insertion

The 2 contraceptive rods have been put in under the skin in the inner aspect of your arm.

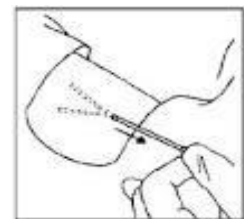
Post-Insertion Care Instructions

The bandage can be taken off after 24 hours.

The plastic dressing can be taken off in 4-5 days' time.

What is the Jadelle?

It is a progesterone- only implant which is inserted under the skin of your arm. It provides contraception for up to 5 years but can be removed at any time if you are planning a pregnancy. It is more than 99% effective in preventing pregnancies.



What side effects might you have?

The most common side effect from the Jadelle is spotting and irregular periods. This may improve with time but if it continues see Family Planning or your GP for treatment. Some women may stop having periods on the Jadelle.

You may experience some tenderness and bruising at the insertion site for a few days. Resume normal activities. However you should not lift any heavy objects and try to avoid interfering with the insertion site for a few days. If there is persistent redness or pain around the area, check this with your doctor.

Removal of Jadelle

You can see your GP or Family Planning for removal of the Jadelle. It is done with local anaesthetic in a similar fashion to how it is inserted. The Jadelle should be removed at 5 years as it will no longer be effective.

Protection Against Sexually-Transmitted Infections?

No, the Jadelle does not protect against STIs. Use precautions with condoms to protect against STIs. See your GP if you experience abnormal vaginal discharge, abdominal pain or stinging when you pass urine.

Note to General Practitioners

Women who experience unacceptable bleeding on the Jadelle may be offered the Combine Oral Contraceptive Pill or NSAID as a first line treatment if no contraindications. If alternative treatment is required, patients may be offered provera orally.